WHY HAVE WE DEVELOPED THESE VIDEOS?

We have developed **a suite of 3 videos** for breast patients receiving radiotherapy.

We did this in response to patient feedback in the 2023 national radiotherapy patient experience survey which suggested we could further improve:

- **Patient understanding** of early/short term side effects and late/long term effects of radiotherapy
- The **information available** on hospital websites about radiotherapy

HOW DID WE DEVELOP THE VIDEOS?

During 2024, we worked with representatives from the radiotherapy services across the West Midlands, as well as colleagues from the Lingen Davies Trust, to take this project forward. We carried out a short survey with patients, in order to understand patient digital information needs and preferences.

We are now launching these patient videos in 2025, and hope they will be widely used across the West Midlands.

WHAT PATIENTS TOLD US

- Many patients prefer hard copy information or do not access information on-line. These short videos are designed to complement (not replace) written patient information
- Patients prefer to look for information on their local trust website, but we also have these posted at www.westmidlandsradiotherapynetwork.nhs.uk
- Patients would like to access the videos via emails or QR codes they are given. We have therefore produced posters and leaflets that include a QR code, to make it easy to find the videos
- Patients said electronic patient information leaflets and videos were the most important types of digital resource they would like to have, and that the videos should ideally be less than 5 minutes long
- Patients told us they wanted information on breast radiotherapy treatment, side effects, pre-assessment, follow up and late effects, so that is what we concentrated on when making the videos
- Patients would like to see their own hospital reception and waiting areas, and to recognise the health professionals who work in their own hospital.
- Patients also wanted to see the linac and CT machines from their own hospital. We have done this where possible, within budget constraints
- Patients told us that seeing the NHS logo on the videos would reassure them that the information included on the videos was reliable

WHAT NEXT?

We hope that you enjoy watching these videos and find them useful in finding out more about breast radiotherapy treatment and what to expect.

Please let your radiotherapy team know if they have helped you, as we are keen to get your feedback.

NHS

SCAN QR CODE FOR VIDEOS

WEST MIDLANDS RADIOTHERAPY NETWORK

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BREAST RADIOTHERAPY PATIENT INFORMATION VIDEOS

SCAN QR CODE FOR VIDEOS

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